

## Occupational 1<sup>st</sup> Aid Course for Youth Leaders: FETAC level 5

Galway Rural Development Co. Ltd is organising four courses in Occupational 1<sup>st</sup> Aid for those working or volunteering with young people

The courses will be delivered in four different venues around the county over one weekend per course commencing on Friday evening.

## **Provisional Dates**

26th /27th /28th September 3rd /4th /5th October 10th/11th/12th October 17th/18th/19th October

The course carries FETAC Level 5 certification.

Participants learn a high level of practical skill and the theoretical knowledge required to comply with the requirements of the Safety, Health & Welfare at Work (General Application) Regulations 2007 and their associated guide.

The eight modules include:

- First aid in the workplace
- Patient assessment
- Respiratory emergencies
- Cardiac first response
- Wounds and bleeding
- Altered levels of Consciousness
- Musculoskeletal Injuries
- Burns and Scalds, Chemicals, Poison & Electric Shocks.

## Duration: Friday evening, Saturday, Sunday.

**Venues: TBC** (four venues will be selected based on the level of interest in the area, one course will be delivered in the Gaeltacht area of East County Galway)

Participants must be working or volunteering with young people to be eligible and they are required to commit to attending the full weekend course. 10 places are reserved for those living in the Gaeltacht area of East Co. Galway.

## The above courses are free to participants but places are limited and will be allocated on a first come first served basis.









If you are interested in this course you can request a registration form by filling in your contact details below and return to Galway Rural Development by post or email as per contact details below on or before Friday, the 12<sup>th</sup> of September 2014.

Gurname	
First Name(s)	
Address for Correspondence	
Telephone Evening/ Mobile	
E-Mail	
Please indicate your preference in regard to venue	
1. Claregalway	
2. Gort	
3. Craughwell	
4. Other (state area)	

For further information contact: Mairéad O'Reilly, Galway Rural Development Co. Ltd., Mellows Campus, Athenry, Co. Galway 091 844335, 087 7635209, <u>maireadoreilly@grd.ie</u>







